



GUILDFORD  
CATHEDRAL

9.45am  
8 December 2024

SECOND SUNDAY  
OF ADVENT  
CATHEDRAL  
EUCCHARIST



# WELCOME

## ADVENT

A new Church year began on the First Sunday of Advent. Advent is a season of expectation and preparation, as the Church prepares to celebrate the coming (*adventus*) of Christ in his incarnation, and also looks ahead to his final advent as judge at the end of time. We are encouraged to cultivate a sense of 'alert watchfulness' although the anticipation of Christmas under commercial pressure makes this quite challenging. In the northern hemisphere, the Advent season falls at the darkest time of the year, and the natural symbols of darkness and light are powerfully at work throughout the four weeks of the Season. We light candles on an Advent wreath in remembrance of faith ancestors who were also watching in anticipation for the coming of the Messiah.

## RECEIVING HOLY COMMUNION

All who are communicants are welcome to receive the bread and wine. There is no obligation to drink from the common cup. However, please do not dip your wafer in the wine. If you would prefer to receive a blessing, please keep your hands at your sides. Gluten-free bread is available.

## COLLECTION

Your support makes a real difference to the ministry and mission of Guildford Cathedral. If you would like to support this work on a regular basis it's very simple to set up a direct debit via the Parish Giving Scheme. The phone number is 0333 002 1271, and the Cathedral reference code is 170617001. One-off donations can be made using the Gift Aid envelopes or a contactless donation by using the contactless collection plates on your way out, or the contactless box (by the west doors of the Cathedral) or our QR code. If you use the contactless plates or box and you are a taxpayer, please complete a green gift aid envelope and write 'contactless donation' on the front; please put the envelope in the plate or the cash box at the west end. We also welcome the donation of foreign coins and notes; please see the notice at the back of this booklet. On behalf of all at Guildford Cathedral, thank you.



## **PARTICIPATION IN THE SERVICE**

We sing the hymns and the response to the Blessing of Light, and say together the words in **bold** type. Although posture is suggested please do whatever is most comfortable for you.

## **DO-IT-YOURSELF CRÈCHE**

There are toys available for under school-aged children in the baptistry during the morning Choral Eucharist. This can be found at the back of the Cathedral in the right hand side corner. Parents/carers are asked to remain with their children at all times and to keep the toys in the baptistry. If you need any help please ask one of the stewards on duty.

## **MASS SETTING**

Missa Adventus et Quadragesimae, *Petr Eben (1929-2007)*

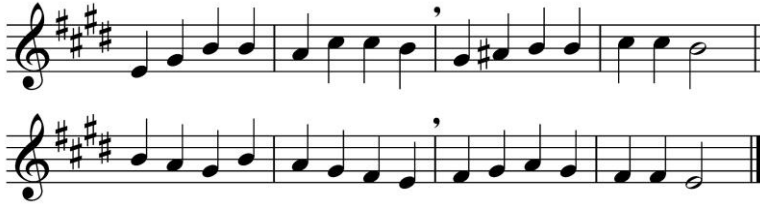
## **PRESIDENT AND PREACHER**

The president this morning is the Venerable Stuart Beake, Interim Dean and the preacher is Canon Chris Hollingshurst.

Stand

# THE GATHERING

## HYMN



Hark, a thrilling voice is sounding;  
‘Christ is nigh,’ it seems to say;  
‘cast away the dreams of darkness,  
O ye children of the day.’

Wakened by the solemn warning,  
let the earth-bound soul arise;  
Christ, her Sun, all ill dispelling,  
shines upon the morning skies.

Lo, the Lamb, so long expected,  
comes with pardon down from heaven;  
let us haste, with tears of sorrow,  
one and all to be forgiven;

That when next he comes with glory,  
and the world is wrapped in fear,  
with his mercy he may shield us,  
and with words of love draw near.

Honour, glory, might, and blessing  
to the Father and the Son,  
with the everlasting Spirit,  
while eternal ages run.

*Words: Latin, translated by Edward Caswall (1814-1878)*

*Music: CP 26 Merton, William Henry Monk (1823-1889)*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
**Amen.**

## **THE GREETING**

The Lord be with you  
**and also with you.**

## **LIGHTING THE SECOND CANDLE OF ADVENT**

As we light the Advent candles each week we reflect on a different aspect of Advent and our preparation for the birth of Jesus.

Today we recall the prophets who foretold the coming of the Christ, and his kingdom of peace and righteousness.

*As the Advent candle is lit, the choir sings*

*Choir* Blessed are you, sovereign Lord, just and true:  
to you be praise and glory for ever.  
Of old you spoke by the mouth of your prophets,  
but in our days you speak through your Son,  
whom you have appointed the heir of all things.  
Grant us, your people, to walk in his light,  
that we may be found ready and watching  
when he comes again in glory and judgement;  
for you are our light and our salvation.

*All*

Bless-ed be God\_\_\_\_\_ for\_\_\_ ev - er.

## **PRAYERS OF PENITENCE**

When the Lord comes,  
he will bring to light  
the things now hidden in darkness,  
and will disclose the purposes of the heart.  
Therefore in the light of Christ  
let us confess our sins.

**Almighty God, our heavenly Father,  
we have sinned against you,  
through our own fault,  
in thought, and word, and deed,  
and in what we have left undone.  
We are heartily sorry,  
and repent of all our sins.  
For your Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

## **KYRIE ELEISON**

Kyrie, eleison.	<i>Lord, have mercy.</i>
Christe, eleison.	<i>Christ, have mercy.</i>
Kyrie, eleison.	<i>Lord, have mercy.</i>

## **THE ABSOLUTION**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen.**

## **THE COLLECT**

*The president introduces a moment of silent prayer, saying*

Let us pray

O Lord, raise up, we pray, your power  
and come among us,  
and with great might succour us;  
that whereas, through our sins and wickedness  
we are grievously hindered  
in running the race that is set before us,  
your bountiful grace and mercy  
may speedily help and deliver us;  
through Jesus Christ your Son our Lord,  
to whom with you and the Holy Spirit,  
be honour and glory, now and for ever.

**Amen.**

# THE LITURGY OF THE WORD

*Sit*     **FIRST READING** Malachi 3.1-4 read by Harriet Foges

Thus says the Lord God:

See, I am sending my messenger to prepare the way before me, and the Lord whom you seek will suddenly come to his temple. The messenger of the covenant in whom you delight - indeed, he is coming, says the Lord of hosts. But who can endure the day of his coming, and who can stand when he appears?

For he is like a refiner's fire and like fullers' soap; he will sit as a refiner and purifier of silver, and he will purify the descendants of Levi and refine them like gold and silver, until they present offerings to the Lord in righteousness. Then the offering of Judah and Jerusalem will be pleasing to the Lord as in the days of old and as in former years.

For the word of the Lord,  
**thanks be to God.**

**CANTICLE** Benedictus

Blessed be the Lord God of Israel :  
    for he hath visited, and redeemed his people;  
And hath raised up a mighty salvation for us :  
    in the house of his servant David;  
As he spake by the mouth of his holy Prophets :  
    which have been since the world began;  
That we should be saved from our enemies :  
    and from the hands of all that hate us;  
To perform the mercy promised to our forefathers :  
    and to remember his holy Covenant.



To perform the oath which he swore to our forefather Abraham :  
that he would give us;  
That we being delivered out of the hands of our enemies :  
might serve him without fear  
In holiness and righteousness before him :  
all the days of our life.  
And thou, child, shalt be called the Prophet of the Highest :  
for thou shalt go before the face of the Lord  
to prepare his ways;  
To give knowledge of salvation unto his people :  
for the remission of their sins,  
Through the tender mercy of our God :  
whereby the day-spring from on high hath visited us;  
To give light to them that sit in darkness,  
and in the shadow of death :  
and to guide our feet into the way of peace.

*Text: The Song of Zechariah, Luke 1.68-79*

*Music: Benedictus in C, George Dyson (1883-1964)*

## **SECOND READING** Philippians 1.3-11 read by Ann Bourne

My brothers and sisters, I thank my God every time I remember you, constantly praying with joy in every one of my prayers for all of you, because of your sharing in the gospel from the first day until now. I am confident of this, that the one who began a good work among you will bring it to completion by the day of Jesus Christ. It is right for me to think this way about all of you, because you hold me in your heart, for all of you share in God's grace with me, both in my imprisonment and in the defence and confirmation of the gospel. For God is my witness, how I long for all of you with the compassion of Christ Jesus. And this is my prayer, that your love may overflow more and more with knowledge and full insight to help you to determine what is best, so that on the day of Christ you may be pure and blameless, having produced the harvest of righteousness that comes through Jesus Christ for the glory and praise of God.

For the word of the Lord,  
**thanks be to God.**

*Stand* **GOSPEL ACCLAMATION**

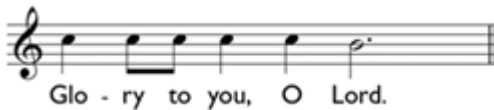
*The Gospel Acclamation is played by the organist, sung by the choir, and then sung by everybody. As the procession passes, please turn to face the proclamation of the Gospel.*



Prepare a way for the Lord, make his paths straight,  
and all mankind shall see the salvation of God.  
**Alleluia, alleluia.**

**GOSPEL READING** Luke 3.1-6

Hear the Gospel of our Lord Jesus Christ according to Luke.



In the fifteenth year of the reign of Emperor Tiberius, when Pontius Pilate was governor of Judea, and Herod was ruler of Galilee, and his brother Philip ruler of the region of Ituraea and Trachonitis, and Lysanias ruler of Abilene, during the high-priesthood of Annas and Caiaphas, the word of God came to John son of Zechariah in the wilderness. He went into all the region around the Jordan, proclaiming a baptism of repentance for the forgiveness of sins, as it is written in the book of the words of the prophet Isaiah,

‘The voice of one crying out in the wilderness:

“Prepare the way of the Lord,  
make his paths straight.



**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,**

**who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

## **PRAYERS OF INTERCESSION** led by Kathy Hollingshurst

*The president invites everyone to pray, saying*

In the power of the Spirit and in union with Christ,  
let us pray to the Father.

*Sit or*

*kneel* *The bidding and response are*

Lord, in your mercy,  
**hear our prayer.**

*In conclusion, the leader says*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## THE LITURGY OF THE SACRAMENT

*Stand*     **THE PEACE**

In the tender mercy of our God,  
the dayspring from on high shall break upon us,  
to give light to those who dwell in darkness and in the shadow of death  
and to guide our feet into the way of peace.

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

### **PREPARATION OF THE TABLE**

## HYMN



On Jordan's bank the Baptist's cry  
announces that the Lord is nigh;  
awake and hearken, for he brings  
glad tidings of the King of kings.

Then cleansed be every breast from sin;  
make straight the way for God within;  
prepare we in our hearts a home,  
where such a mighty guest may come.

For thou art our salvation, Lord,  
our refuge and our great reward;  
without thy grace we waste away,  
like flowers that wither and decay.

To heal the sick stretch out thine hand,  
and bid the fallen sinner stand;  
shine forth, and let thy light restore  
earth's own true loveliness once more.

All praise, eternal Son, to thee  
whose advent doth thy people free,  
whom with the Father we adore,  
and Holy Ghost for evermore.

*Words: Charles Coffin, 1736 (1676-1749) tr. John Chandler (1808-1876)  
altered by the compilers of Ancient and Modern  
Music: CP 34 Winchester New,  
adapted from a chorale in Musicalisches Hand-Buch Hamburg 1690*

## TAKING OF THE BREAD AND WINE

Lord Jesus,  
you nourish us at the table of your word  
and the table of your sacrament;  
as we feed on you, the bread of life,  
may we daily grow into your likeness.

## THE EUCHARISTIC PRAYER

The musical notation is arranged in four rows. The first row shows the President's part: "The Lord be with you." and the All's part: "And also with you." The second row shows the President's part: "Lift up your hearts." and the All's part: "We lift them to the Lord." The third row shows the President's part: "Let us give thanks to the Lord our God." The fourth row shows the All's part: "It is right to give thanks and praise." Each line of music is on a single staff with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes, with some words underlined to indicate phrasing.

It is indeed right and good to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For when he humbled himself to come among us in human flesh,  
he fulfilled the plan you formed before the foundation of the world  
to open for us the way of salvation.  
Confident that your promise will be fulfilled,  
we now watch for the day  
when Christ our Lord will come again in glory.  
And so we join our voices with angels and archangels  
and with all the company of heaven  
to proclaim your glory  
for ever praising you and singing:

Sanctus, sanctus, sanctus,  
Dominus Deus Sabaoth.  
Pleni sunt caeli  
et terra gloria tua.  
Hosanna in excelsis.

*Holy, holy, holy Lord,  
God of power and might.  
Heaven and earth are  
full of your glory.  
Hosanna in the highest.*

Benedictus qui venit  
In nomine Domini  
Hosanna in excelsis.

*Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Deacon All

Praise to you, Lord Je - sus: Dy - ing you de-destroyed our death,  
ris - ing you re-stored our life, Lord Je - sus come in glo - ry.

The image shows two staves of musical notation in G major (one sharp). The first staff is for the Deacon and the second for the All. The lyrics are written below the notes.



And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.



*Sit or  
kneel*

## **THE LORD'S PRAYER**

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## **BREAKING OF THE BREAD**

We break this bread  
to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

## **GIVING OF COMMUNION**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*All who are communicants are welcome to receive the bread and wine. There is no obligation to drink from the common cup. However, please do not dip your wafer in the wine. If you would prefer to receive a blessing, please keep your hands at your sides. Gluten-free bread is available.*

## **AGNUS DEI**

Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.

*Lamb of God,  
who takes away the sin of the world,  
have mercy on us.*

Agnus Dei,  
qui tollis peccata mundi,  
miserere nobis.

*Lamb of God,  
who takes away the sin of the world,  
have mercy on us.*

Agnus Dei,  
qui tollis peccata mundi,  
dona nobis pacem.

*Lamb of God,  
who takes away the sin of the world,  
grant us peace.*

## **ANTHEM**

Ave verum corpus natum ex Mariae Virgine  
Vere passum immolatum in cruce pro homine  
Cuius latus perforatum vero fluxit sanguine  
Esto nobis praegustatum mortis in examine  
O dulcis, O pie, O Jesu, Fili Mariae! Miserere mei. Amen.

*Hail the true body, born of the Virgin Mary:  
You who truly suffered and were sacrificed  
on the cross for the sake of man.  
From whose pierced flank flowed water and blood:  
Be a foretaste for us in the trial of death.  
O sweet, O merciful,  
O Jesus, Son of Mary.  
Have mercy on me. Amen.*

*Text: 14<sup>th</sup> century, attributed to Pope Innocent VI  
Music: Gerald Hendrie (b. 1935)*

*Stand*

## **PRAYER AFTER COMMUNION**

*The president introduces a moment of silent prayer, saying*

Let us pray.

Father in heaven,  
who sent your Son to redeem the world  
and will send him again to be our judge:  
give us grace so to imitate him  
in the humility and purity of his first coming  
that, when he comes again,  
we may be ready to greet him  
with joyful love and firm faith;  
through Jesus Christ our Lord.  
**Amen.**

**Almighty God,**  
**we thank you for feeding us**  
**with the body and blood of your Son Jesus Christ.**  
**Through him we offer you our souls and bodies**  
**to be a living sacrifice.**  
**Send us out**  
**in the power of your Spirit**  
**to live and work**  
**to your praise and glory.**  
**Amen.**



He comes, the broken heart to bind,  
the bleeding soul to cure,  
and with the treasures of his grace  
to enrich the humble poor.

Our glad hosannas, Prince of Peace,  
thy welcome shall proclaim;  
and heaven's eternal arches ring  
with thy beloved Name.

*Words: Luke 4.18-19, Philip Doddridge (1702-1751)*

*Music: CP 27 Bristol, from Psalmes (1621) Thomas Ravenscroft (c.1590-1633)*

## **THE DISMISSAL**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*We remain standing whilst the crucifer leads the choir along the south aisle into the south ambulatory. You are welcome to listen to the voluntary or make your way to the back of the Cathedral.*

## **ORGAN VOLUNTARY**

Nun komm, der Heiden Heiland (BWV 661)  
*Johann Sebastian Bach (1685-1750)*

*Common Worship: Services and Prayers for the Church of England, material from which is included in this service, is copyright The Archbishops Council 2000. Scripture quotations are from The New Revised Standard Version of the Bible copyright © 1989 by the Division of Christian Education of the National Council of Churches in the USA.*

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# WHAT'S HAPPENING?

## SERVICES TODAY

### SECOND SUNDAY OF ADVENT

**7.30am** Morning Prayer *in the Lady Chapel*

**8am** Holy Communion (Book of Common Prayer) *in the Lady Chapel*

**9.45am** Cathedral Eucharist

**6pm** Choral Evensong

## SERVICES THIS WEEK

### MONDAY

**8.30am** Morning Prayer in the Lady Chapel

**9am** Holy Communion in the Lady Chapel

**5.30pm** Choral Evensong

### TUESDAY

**8am** Morning Prayer in the Lady Chapel

**8.30am** Holy Communion in the Lady Chapel

**5.30pm** Choral Evensong

### WEDNESDAY

**8.30am** Morning Prayer in the Lady Chapel

**9am** Holy Communion in the Lady Chapel

**5.30pm** Evening Prayer

### THURSDAY

**8.30am** Morning Prayer in the Lady Chapel

**12.30pm** Holy Communion

**5.30pm** Evening Prayer

### FRIDAY

**8.30am** Morning Prayer in the Lady Chapel

**9am** Holy Communion in the Lady Chapel

**5.30pm** Evening Prayer

## **SATURDAY**

**9am** Morning Prayer in the Lady Chapel

**9.30am** Holy Communion in the Lady Chapel

**4pm** Evening Prayer

## **SERVICES NEXT SUNDAY 15 DECEMBER**

**7.30am** Morning Prayer in the Lady Chapel

**8am** Holy Communion (Book of Common Prayer) in the Lady Chapel

**9.45am** Cathedral Eucharist

**6pm** Choral Evensong

## **SPECIAL SERVICES AT CHRISTMAS**

### **Tuesday 24 December – CHRISTMAS EVE**

**8.30am** Morning Prayer in the Lady Chapel

**4pm** Journey to Bethlehem – A service for all ages, with the Cathedral Choristers and Stag Hill Phil, exploring the Christmas story and message.

**11pm** First Eucharist of Christmas – Marking the beginning of Christmas, this service includes John Tavener's famous Christmas Proclamation.

### **Wednesday 25 December – CHRISTMAS DAY**

**7.30am** Morning Prayer in the Lady Chapel

**8am** Book of Common Prayer Eucharist in the Lady Chapel

**10am** The Choral Eucharist of Christmas Day – Please join us as we celebrate the birth of Jesus, the Saviour of the World.

**4pm** Service of Lessons and Carols – The second of our traditional carol services. Hear the Christmas story from the very beginning, through readings, carols, messages, and stunning choral music.

## **OUR NEW DEAN**

The Installation and Welcome of the Dean of Guildford (The Venerable Bob Cooper), will take place at 3.00pm on Sunday 26 January 2025.

Please remember him and Kate in your prayers. Please note the box office for the Dean's Installation is now open and will close on Friday 13 December at 12pm. Due to the size of the service, seats are limited.



You can book a maximum of **2 tickets** and are on a first-come first-served basis. There may be extra tickets available nearer the time. To book your ticket, please use the following link: [www.guildford-cathedral.org/events/boxoffice/820](http://www.guildford-cathedral.org/events/boxoffice/820) If you have any questions please contact Lisa Hatherall at 01483 547862 or email: [installationservice@guildford-cathedral.org](mailto:installationservice@guildford-cathedral.org).

## **PRAYING FOR INDIVIDUALS**

A gentle reminder that part of the ministry here is to pray for individuals on request. To include a name in the public intercessions, please contact Canon Chris Hollingshurst, preferably by email [chis.hollingshurst@guildford-cathedral.org](mailto:chis.hollingshurst@guildford-cathedral.org). For prayer requests of a completely confidential nature, please email Canon Mavis Wilson at [maviswilson2@gmail.com](mailto:maviswilson2@gmail.com).

## **ANYONE FOR CONFIRMATION?**

If you have been wondering about exploring Christian faith further, with a view to possibly being Confirmed, then Canon Chris Hollingshurst would be very pleased to hear from you. Chris can be contacted on 07534 970127 or via [chris.hollingshurst@guildford-cathedral.org](mailto:chris.hollingshurst@guildford-cathedral.org). Please also speak to him if you would simply like to find out more.

Separate arrangements are in place for chorister and university student Confirmation groups.

## **SUNDAY SCHOOL**

We are delighted to announce that Sunday School is returning to the Cathedral! The first session will be on Sunday 22nd December, during the Cathedral Eucharist, and it will be held monthly thereafter until we have been able to build up a big enough team to run it more frequently. Sunday School will be open to children aged 3-11 and will be held in the library. Please support this by:

- Praying – we need it to be rooted in prayer
- Spreading the word – please invite any families you know who may be interested

- Joining in – could you join the team once a month? Have a look at this video to find out how amazing it is working with children:
- Being patient – new initiatives take time to grow
- Being welcoming – look out for new families and help them feel at home here

If you want to find out more, please get in touch with Rachel Johnson, Family Engagement Officer at [FamilyEngagement@guildford-cathedral.org](mailto:FamilyEngagement@guildford-cathedral.org).

## **JOURNEY TO BETHLEHEM**

Children are warmly invited to take part in this lovely service as Mary, Joseph, angels and shepherds. There will be a rehearsal for this after the service on 15th December and during Sunday School on 22nd December – please come to either or both. It would be helpful to know in advance who to expect. Please email Rachel on [familyengagement@guildford-cathedral.org](mailto:familyengagement@guildford-cathedral.org) to find out more.

## **OPEN DOOR RETREAT**

An Open Door Retreat (ODR) is based on the Spiritual Exercises of St. Ignatius, and is a wonderful way of giving space for reflection “in daily life.” Reflection on one’s relationship with and response to God, to circumstances, to ourselves and to others. The retreat is made during a two-hour session based over nine weeks. The sessions are experiential in nature and include music, art, poetry, reflection and sharing. The two leaders will share their personal experience of prayer and life. It is hoped that the participants feel able to gradually share as well - BUT only what they feel comfortable with.

There will be a small cost of £30 to cover your resources.

The retreat will be held in the cathedral and will start on January 16th at 10.15 and finish at 12.15 and will be every Thursday morning until 6th March (we will not meet on March 13th) and will finish on March 20th. Numbers will be limited. If you would like further information, please contact Canon Mavis Wilson - [maviswilson2@gmail.com](mailto:maviswilson2@gmail.com)

## **SAFEGUARDING AT GUILDFORD CATHEDRAL**

The Cathedral is committed to Safeguarding as an integral part of its ministry and mission, promoting a safer culture and the welfare of every child, young person and adult. As such, the Cathedral has robust policies, procedures and guidelines in place, to ensure good practice throughout the community. Chapter has overall responsibility for Safeguarding, and the Safeguarding Leadership Group reports to Chapter every month on the progress of our Safeguarding journey and any issues arising. The members of the Safeguarding Leadership Group are listed below and can be contacted at any time on any Safeguarding concern you may have about yourself or another member of the Cathedral Community.

Reverend Canon Chris Hollingshurst (Chapter Safeguarding Representative)

07534 970127                      [chris.hollingshurst@guildford-cathedral.org](mailto:chris.hollingshurst@guildford-cathedral.org)

Mary Morris (Cathedral Safeguarding Officer)

07949 685683                      [marymorris31@outlook.com](mailto:marymorris31@outlook.com)

Matt O'Grady (Cathedral Safeguarding Lead)

07757 850952                      [dops@guildford-cathedral.org](mailto:dops@guildford-cathedral.org)

The Diocesan Safeguarding Adviser, Jackie Broadfoot, can also be contacted (07918 559387 or [jackie.broadfoot@cofeguildford.org.uk](mailto:jackie.broadfoot@cofeguildford.org.uk))

Any Safeguarding concern can be reported at any time to the Diocesan single point of contact 01483 790379 or [safeguarding@cofeguildford.org.uk](mailto:safeguarding@cofeguildford.org.uk)